

SUPPORTING THE CONSCIOUS FEMININE

Bringing Kindness and Right Relationship into Everyday Life

By Margi Ross

The Conscious Feminine is about bringing the kindness, compassion and common sense that is innate in women and the Feminine Principle into everyday life.

What would this look like? Here are some key ideas which can help us support the Feminine:

1. Giving a Middle Ground to Feminine Aspects of Life for the First Time.

Before something can be accepted as a part of society, it has to have language and a conceptual framework: then sanity can replace chaos and confusion. The Conscious Feminine is about differentiating areas of life which have not been sorted before and giving them a middle ground and a human voice. As we do this, the world will gradually become a safer and kinder place in which to live. i.e. There is a psychological law that has been explained in Greek drama and mythology: it is that when we don't obey the laws of relationship, the Furies get angry. The Furies are the ancient instinctive outrage, which tell us when these laws have been broken: it is easy to see the Furies expressing in individuals and on a world level. The conscious woman can speak for the concerns of the Furies in a human way and mediate between the old instinctive reaction and people in the external world. She uses her Feminine soul, supported by her Feminine ego to give voice, in a human way, to the concerns of the Furies. I'm doing this as I write this article. We do this whenever we stand in our own feminine authority and speak for the needs of the heart and relationship and the body in any situation. *This is a huge development in and of the Feminine Principle of immense importance. Imagine what would happen if the instinctive reaction were humanised and the peace that would come to the world.*

2. The Jungian Concept of the Feeling Function.

Jung discovered that each person has a superior function and that each function equates with an element. The Four Functions are Feeling (water), Thinking (air), Sensation (earth), and Intuition (fire). Water and earth are, by tradition, feminine elements. Feeling is a rational function and orders relationship.

The superior function is a place where we are very skilled and where we feel at home. The feeling type has an ability to notice and care for the small details in relationship. This ability is available even when under stress: they put relationship first.

The needs of the feeling type are not included in our culture and school is not designed to meet their needs. The same could be said about the sensation type and function. Each function brings sanity and clarity to an area of life and trouble occurs when there is a 'take over' by people who do not possess expertise in that area. i.e.

Sensation types often notice when a disaster is about to occur with something in the material world: this can be a ship, a car, a boat, etc. They go to their boss to express their concerns, he/she is a different type, so cannot really understand the need for action, or he/she can be the same type but not have integrity. The person is not taken seriously and disaster often occurs.

3. Including Feminine Values and Concerns in Education.

We can see how unbalanced the energy is in schools. Children are not taught to be kind and polite, or to care for each other or what to do if someone is injured or in need. They don't have to pass exams in these subjects yet they are far more important than most subjects taught in schools and as important as learning to read and write. What is the point of having superb exam results if you aren't kind and considerate to other living creatures and you don't understand the need for boundaries and protection? If women were supporting feminine consciousness they would insist on feminine values being part of the curriculum. *Think of the power of individuals who are kind and considerate and the peace and healing they bring about during their lifetime.*

Another key concept is 'standing for the soul'. What I mean is standing for the experiencer, who lives in the body, the invisible but present being in each form. The fate of the anima or soul in a woman has been to carry a man's projection of his own inner feminine, but with the Conscious Feminine, the soul can move in life and have a voice and bring softness and gentleness into life. Men are sometimes open to the experience of the depth and sensitivity of the feminine in the bedroom; both men and women have to open themselves to this in life. Life is getting faster and faster because the feminine side of the psyche does not have the support She needs: if we give the Feminine support, every being will eventually feel easier

To the conscious woman the ends seldom justify the means and people and animals are not expendable. The Feminine makes us ask *'how will this person or animal feel if we do this'?* This should be part of every institution's values. Feminine Law then becomes a part of life, and safety can come in. The Feminine makes us take responsibility for the inter-relationship of all life.

A good man will of course be acting from the heart, but a good conscious woman who is confident of her perceptions will notice small, sometimes lifesaving details, which a man would probably not notice. i.e. If you are a consultant in a hospital and are leaving, it's really important to let your patients know that you are going. Some consultants do communicate, but such considerations *are not built into the practice of medicine.* It is such a shock, especially if you are seriously ill, to discover that your consultant has left and it can cause so much distress.

The way people and societies develop, on a spiritual and psychological level, is to first have structure and an ego and then, when they are ready and want to, they contact their soul and grow into manifesting their soul. Humanity in general is ready to do this and Feminine Consciousness has a key part to play in bringing the soul into life. Every living being needs love, kindness and safety and life can be ordered to meet these needs.

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The Centre for the Conscious Feminine
PO Box 1168
Kingston upon Thames
Surrey
KT1 3WQ

www.consciousfeminine.org